

present in each menu item based on suppliers' ingredient statements. These ingredients may have also come into contact with, or are produced



CORE - Common Allergens, Gluten, Vegetarian and Vegan

November 13, 2018

	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Tree nuts	Wheat	Gluten	Vegetarian	Vegan
Beverages											
Apple Cider Green Tea										X	X
Beet Lemonade										X	X
Classic Lemonade										X	X
Cold-Brew Ice Coffee										X	X
Cranberry Cayenne Lemonade										X	X
Cucumber Basil Lemonade										X	X
Fruit Punch							X			X	X
Honey Ginger Lemonade										X	
Raspberry Iced Tea										X	X
Tropical Green Tea										X	X
Broths											
Beef Bone Broth											
Chicken Bone Broth											
Chipotle Chicken Bone Broth											
Vegetable Broth										X	X
Bone Broth Bowls And Soups											
Broccoli Cheddar Soup			X								
Butternut Squash Soup											
Chicken And Rice Noodles											
Chicken Tortilla & Chipotle Chicken Broth Bowl			X				CC				
Shiitake Mushroom & Roasted Tofu	CC		CC			X	X			X	X
Spicy Ginger Steak & Noodles	CC		CC			X	X				
Tomato & Basil Soup			X								
Vegetarian Chili										X	X
Bread											
1/2 Slice of Bread	CC		CC			CC	CC	X	X	X	
Dressings And Sauces											
BBQ Sauce						X				X	
Balsamic Vinaigrette										X	X
Balsamic Vinegar										X	X
Blueberry Yogurt Dressing	X		X							X	
Carrot Chili Vinaigrette										X	X
Chimichurri Sauce										X	X
Citrus Poppyseed Dressing	X									X	
Cranberry Vinaigrette										X	
Cucumber Basil Dressing			X	CC		CC	CC			X	
Extra Virgin Olive Oil										X	X
Fire Sauce										X	
Fresh Lemon Squeeze										X	X
Fresh Lime Squeeze										X	X
Greek Yogurt Blue Cheese Dressing	X		X			X					
Greek Yogurt Caesar Dressing	X	X	X			X					
Korean BBQ Sauce						X				X	X
Lime Cilantro Jalapeno Vinaigrette										X	
Miso Sesame Ginger Dressing				CC		X	CC			X	X
Ranch Dressing	X		X								
Sriracha										X	X
Thai Cashew Dressing							X			X	X
Thai Chili Sauce						X				X	
Grain Bowls (No Dressing)											
Greens And Ancient Grains Bowl			X								

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Southwest Grilled Chicken			X				CC				
Spicy Chicken & Ancient Grain							X				
Spicy Thai Chicken & Rice Noodle							X				
Sriracha Ginger Tofu							X			X	X
Tuna Poke Grain Bowl	CC	X	CC				X	X	CC	CC	
Green Bowls (No Dressing)											
Chicken Cobb	X										
Kale Caesar Chicken			X								
Mediterranean			X	CC			CC	CC			
Sriracha Ginger Roasted Tofu							X			X	X
Steak, Bacon And Bleu			X					X			
Warm Rice Bowl (No Dressing)											
BBQ Chicken Ranch Rice Bowl	X		X				X	CC			
Korean BBQ Pork Rice Bowl	X						X				
Ranch Flank Steak Rice Bowl				CC			CC	CC			
Spicy Chicken Rice Bowl				CC			X	CC			
Tuna Poke Fire	CC	X	CC	CC			X	CC	CC	CC	
Primary Proteins											
Antibiotic-Free Salt & Pepper Chicken											
Antibiotic-Free Spicy Thai Chicken							X				
Antibiotic-Free BBQ Chicken							X				
Grass-fed Spicy Cumin Steak											
Grass-fed Spicy Thai Steak							X				
Korean BBQ Pork							X				
Poke Tuna		X		CC			X	CC			
Roasted Organic Tofu							X			X	X
Falafel				CC			CC	CC		X	X
Ingredients											
Arugula Base										X	X
Avocado										X	X
Baby Spinach Base										X	X
Bacon											
Beets										X	X
Black Beans										X	X
Blueberries										X	X
Broccoli										X	X
Brown And Forbidden Rice Blend										X	X
Cabbage Base										X	X
Carrots										X	X
Celery Stalks										X	X
Chickpeas (Garbanzo Beans)										X	X
Chopped Walnuts								X		X	X
Corn										X	X
Cotija Cheese			X								
Cucumbers										X	X
Dried Cranberries										X	X
Edamame							X			X	X
Fresh Basil										X	X
Fresh Cilantro										X	X
Fresh Ginger										X	X
Fresh Parsley										X	X
Falafel				CC			CC	CC		X	X
Golden Flaxseeds										X	X
Gorgonzola Cheese			X								
Grain Salad	X									X	
Grape Tomatoes										X	X
Green Peas										X	X
Green Peppers										X	X
Hard Boiled Egg	X									X	
Housemade Hummus				CC			CC	CC		X	X

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Jalapeno Peppers										X	X
Jicama										X	X
Kalamata Olives										X	X
Kale Base										X	X
Kimchi										X	X
Lemongrass										X	X
Local Feta			X								
Mandarin Oranges										X	X
Mesclun Base										X	X
Parmesan Crisp			X								
Pickled Jalapenos										X	X
Pickled Red Cabbage										X	X
Pickled Red Onions										X	X
Pineapple										X	X
Quinoa										X	X
Red Onions										X	X
Red Peppers										X	X
Rice Noodles										X	X
Roasted Pepper Blend										X	X
Romaine Base										X	X
Scallions										X	X
Sesame Seeds	CC		CC	CC		CC	CC	CC	CC	X	X
Sesame Sriracha Sprouts										X	X
Shaved Parmesan			X								
Shiitake Mushrooms										X	X
Shredded White Cheddar			X								
Sliced Almonds	CC		CC			CC	X			X	X
Spicy Broccoli										X	X
Spicy Thai Rice Noodles						X				X	
Strawberries										X	X
Tortilla Strips							CC			X	X

Kids Menu

Chicken Noodle Soup											
Cranberry Poppy Salad (No Dressing)			X								
Cukes & Carrot Salad (No Dressing)											
Power Pasta			X								
Power Plate											

Roasted Vegetables

Garden Grain Salad	X									X	
Roasted Root Vegetables										X	X
Roasted Brussel Sprouts										X	X

X - Indicates that the menu item **contains** that specific allergen. **CC** - Indicates that there is a potential for cross-contact with that allergen in the manufacturing process and/or facility.

The information above details which of the Top 8 allergens are present in each menu item, based on our suppliers' ingredient statements. It is possible that these ingredients may come into contact with or are produced at facilities that handle common allergens, including egg, fish, milk, peanuts, shellfish, soy, tree nuts and/or wheat.

Additionally, normal kitchen operations and vendor production methods may present cross-contact opportunities for otherwise vegan or vegetarian ingredients.